

# Rotary



**Rotary Opens Opportunities**

## CLUB OF RAJKOT GREATER

Rotary District : 3060 | Club No. : 24912 | Chartered on : August 26, 1987



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• R.I. District: 3060 | Year : 2020-21  
• Club Number : 24912  
• Chartered : August 26, 1987  
• www.rotaryrajkotgreater.org.in  
• Email : info@rotaryrajkotgreater.org.in

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**RTN. KISHAN KOTECHA**  
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**CIRCULAR 19**

**Meeting 23**

Programme : Fellowship Meet  
Date : 27.12.2020  
Time : 10:00 AM.  
Venue : Seasons Hotel - Brunch Meet  
Invitee : Rotarians, Anns and Annets

*Birthday Wishes*

|        |                          |             |        |                      |             |
|--------|--------------------------|-------------|--------|----------------------|-------------|
| 17-Dec | Ann. Devangi M. Modi     | 70487 88999 | 20-Dec | Shri Kamlesh Ambalia | 94260 45880 |
| 18-Dec | Ann. Kusum M. Kargathara | 94268 07113 | 21-Dec | Rtn. Maheshwar Mehta | 98250 40304 |
| 18-Dec | Ann. Gunja B. Sabhaya    | 90999 21380 | 22-Dec | Rtn. Shrenik Doshi   | 90998 88988 |
| 19-Dec | Ann. Madhuri K. Makwana  | 78746 70270 |        |                      |             |

*Wedding Anniversary*

|        |                        | RTN.        | ANN.        |
|--------|------------------------|-------------|-------------|
| 17-Dec | Rajen & Seema Shah     | 99253 77733 | 98250 79040 |
| 18-Dec | Pradeep & Priti Vasani | 93761 20345 | 94287 92804 |

**Meeting : Fellowship meet**

It's been long time since RCRG members have met. The best time would have been nothing but celebrating the success of Virtual Marathon with family members. President Rtn. Mehul Nathvani and Secretary Rtn. Nilesh Bhojani have decided to connect with members on Sunday 27th December to thank each and every Rotarian in person for their support and cooperation rendered in making the event a grand success. The Brunch meeting shall be at Seasons Hotel. It's a request to everyone to join in big numbers.



**Note :**

- Those who wish to run 21 kms can do it on Avadh Road and start at 6:00 am in morning.
- Those who wish to run 10 kms can do it on Avadh Road and start at 7:00 am in morning.
- Those who wish to run 5 kms can do it on Avadh Road and start at 7:30 am in morning.
- We have arranged a special fitness session for our family from 9:30 am to 10:30.
- Brunch shall start at 10:00 am.

**Meeting Review :**

Virtual Marathon 2020 meeting was held over Zoom app on 17.12.2020 where every RCRG member was actively involved. Details of Virtual Marathon to be held on 27th December was

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## SR COMMITTEE 2020-21

### CLUB TRAINER

P.P. RTN. NILESH SHETH

### MEMBER SCRUTINY

P.P. RTN. DR. KETAN BAVISHI  
P.P. RTN. DARSHAN LAKHANI

### GLOBAL GRANT

RTN. MANISH PATEL  
P.P. RTN. SARJU PATEL

### DISTRICT CONF.

P.P. RTN. YASH RATHOD

### POLIO PLUS

RTN. KETAN KATARIYA  
RTN. VIMLESH SHAH

### CLUB SPORTS

P.P. RTN. DIPEN PATEL  
RTN. RAVI GANATRA

### HEALTH / MEDICAL

RTN. DR. HITESH SAPOVADIYA  
RTN. DR. ANIL SAVALIYA

### SCHOOL ON WHEELS/ SLUM CHILDREN DEVT.

P.P. RTN. ASHVIN LODHIYA  
RTN. BINESH PATEL

### CSR : P.P. RTN. DIPEN PATEL

RTN. KAMALNAYAN SOJITRA  
P.P. RTN. BHARAT HAPANI  
RTN. RAJESH PARSANA  
RTN. AASHISH JOSHI

### FUND RAISING

P.P. RTN. AMIT RAJA  
RTN. HIREN KHAKHAR

### HAPPY SCHOOL

RTN. KUNAL ASHOK MEHTA  
RTN. PARAM PUNATAR

### TRF CHAIR - P.P. RTN. SARJU PATEL

### PUBLIC RELATION / IMAGE

RTN. ASHVIN UNADKAT  
RTN. NEVIL VAISHNAV

### BHAVAN CHAIR

RTN. JAYDEEP VADHER

### MEM. DEVT. CHAIR

P.P. RTN. ASWIN LODHIYA

### LITERACY CHAIR

P.P. RTN. PRAVIN PATEL

### INTERACT CHAIR

RTN. KUNAL ASHOK MEHTA  
RTN. KISHAN KOTECHA

### CLUB ADMIN

RTN. JAYDEEP VADHER

### SERVICE PROJECT CHAIR

RTN. MANISH PATEL

### WINS CHAIR : RTN. CHIRAG PATEL

### AVOIDABLE BLINDNESS CHAIR

P.P. RTN. DR. KETAN BAVISHI

### PERM. PROJECT CHAIR

P.P. RTN. DIPAK KOTHARI

### SKIN BANK CHAIR

P.P. RTN. YASH RATHOD,  
RTN. RAVI CHHOTAI

### PANCHNATH HOSPITAL

I.P.P. RTN. PURVESH KOTECHA  
RTN. KUNAL ASHOK MEHTA

### WELLNESS & WOMAN

DR. AMI MEHTA

shared by Project Chair Rtn. Ravi Ganatra and Co- Chair Rtn. Dipen Patel. In this meeting members gave their insights for the smooth functioning of Virtual Marathon. Local bodies of Govt. and NGOs will also participate in the run.

## Permanent Projects Data :

B.T. Savani Kidney Hospital Bonds under the generous support of RCRG Club

| Months    | Qty |
|-----------|-----|
| July      | 60  |
| August    | 20  |
| September | 30  |
| October   | 30  |
| November  | 30  |

Beneficiaries of RCRG CT Scan Center and Dialysis Center

| Month     | CT Scan | Dialysis |
|-----------|---------|----------|
| April     | 51      | 1126     |
| May       | 219     | 1085     |
| June      | 507     | 989      |
| July      | 1007    | 941      |
| August    | 797     | 881      |
| September | 1067    | 921      |

## Club News:

**Good News :** ગ્રેટરનું ગ્રેટર ગૌરવ

આપણા ક્લબના ચાહિતા પૂર્વ-પ્રમુખ અને પ્રખર શિક્ષણશાસ્ત્રી ભરાડ સ્કૂલના ડૉ. જતિનભાઈ ભરાડની નિમણુંક ગુજરાત રાજ્ય ફી રીવીઝન કમિટી () ના સભ્ય અને સંચાલક મંડળના પ્રતિનિધિ તરીકે ૩ વર્ષ માટે નિમણુંક કરવામાં આવી છે.

ગુજરાતની તમામ સેલ્ફ ફાઈનાન્સ સ્કૂલોના સંચાલકોમાંથી આપણાં જતિનભાઈ ભરાડની નિમણુંક થવી તે આપણા ગ્રેટર ક્લબ માટે ગ્રેટર ગૌરવ સમાન છે.

જતિનભાઈને ખૂબ ખૂબ અભિનંદન



## Video series uploaded on YouTube by Dr. Ami Mehta & Team :

- 1) NORMAL INSTRUMENTAL DELIVERY CAESARIAN SECTION - DR.AMEE MEHTA (M.D.GYNEC) <https://youtu.be/w8YLqp-xtv8>
- 2) POST NATAL CARE AND BREAST FEEDING - DR.AMEE MEHTA (M.D.GYNEC)



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### District Team from RC Rajkot Greater

**Business Forum**  
Coordinator- Saurashtra  
Rtn. Amit Raja

**Corporate Giving**  
Coordinator- Saurashtra  
Rtn. Aashish Joshi

**Assistant Governor**  
Assistant Governor- Saurashtra  
Rtn. Ashwin Lodhiya

**Public Image**  
Chairman- District(3060)  
Rtn. Bhavesh Vegda

**IYE**  
Coordinator- Saurashtra  
Rtn. Darshan Lakhani

**District Training**  
Regional Trainer- Saurashtra  
Rtn. Dipak Kothari

**Health- Preventive & Curative**  
Coordinator- Saurashtra  
Rtn. Dr. Sanjeev Nandani

**Polio Plus**  
Chairman- District(3060)  
Rtn. Dr. Yogesh Mehta

**Rotary India Website**  
Coordinator- Saurashtra  
Rtn. Manish Patel

**District Grant**  
Coordinator- Saurashtra  
Rtn. Sarju Patel

**Rotary Means Business**  
Coordinator- Saurashtra  
Rtn. Yash Rathod

**Club Extension**  
Coordinator- Saurashtra  
Rtn. Mihir Modi

**Avoidable Blindness**  
Chairman - District(3060)  
Rtn. Dr. Ketan Bavishi

<https://youtu.be/1vqG2N81WVg>

3) PRE CONCEPTION COUNSELLING -DR. HETAL MODHA (M.D.GYNEC) <https://youtu.be/vfVH0TjFIDU>

4) CARE DURING PREGNANCY DO'S & DONT'S -DR. HETAL MODHA (M.D.GYNEC) <https://youtu.be/19bp5-EZFFw>

5) MYTHS OF PREGNANCY AND LACTATION-DR. HETAL MODHA (M.D.GYNEC) [https://youtu.be/yRec\\_Yty\\_PY](https://youtu.be/yRec_Yty_PY)

6) ANTENATAL CARE DURING COVID PANDEMIC -DR. KRUPALI BHALARA (M.B.B.S. , DGO) <https://youtu.be/i2sfnplivNg>

7) DEVELOPMENT OF FOETUS AND ANTENATAL CARE - DR. MANISHA MOTERIA (M.D.GYNEC) <https://youtu.be/OlyUCbdUPog>

8) DIET DURING PREGNANCY - DR. MANISHA MOTERIA (M.D.GYNEC) <https://youtu.be/3Uz2tgfIq44>



### RCC Update:

Stationary distribution was conducted near Madhapar chowkdi. 50 slum kids were benefitted with the cooperation of Kala Bhoomi Foundation.



### District News:

Upcoming District event is going to be a Virtual Marathon which is to be held on 25th, 26th & 27th December 2020. We request maximum participation for this event. RCRG is the host of the event to be held.

**हमारे रास्ते अलग होंगे, मकसद एक होगा।**

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### Did you know?

In short span of 30 days technical formalities of Center for Deaf and Dumb was fulfilled and center was open during Presidential year of Rtn. Ketan Bavishi in year 1996-97.



॥ राष्ट्रदेवो भवः ॥

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### Permanent Projects



Rotary Rajkot Greater CT Scan Centre  
at BT Savani Kidney Hospital



**RAJKOT GREATER**  
HDR Brachytherapy  
Cancer Treatment Centre



Rotary Rajkot Greater  
AUDIOMETRY LAB



Mammography Machine at  
RAJKOT CANCER HOSPITAL



स्वस्थ माता - स्वस्थ बालक  
Adolescence Awareness



Rotary Greater  
THALASSEMIA MEDICINE  
Distribution Centre

## Annet's corner : Vis-à-Vis with Holger Knaack

So I met Holger Knaack in the month of June, 2015. I was in Berlin at that time as a group member in NGSE- New Generation Group Study Exchange Program. We had travelled to Brandenburg, Germany to attend the District Conference of District 1940. We had also given a presentation about India in general at the conference. At that time Holger Knaack was RI Elected President for year 2020-21. He had also presented us certificates from RI District 1940 for being a part of this Team from RI District 3060 to 1940.



RCRG family wishes success to Annet Param Amit Gandhi.

## Rotary Virtual Marathon Detail :

### દોડવા માટેના ઉપયોગી સૂચનો

- દોડવાની શરૂઆત થોડું દોડી અને થોડું ચાલી ને કરી શકાય. ધીમે- ધીમે તમારી ઝડપ અને દોડવાના અંતર ને વધારો.
- દોડતી વખતે યોગ્ય ફિટીંગ ના કપડા અને યોગ્ય સાઈઝ ના બુટ પહેરવા.
- દોડવા માટે જાણીતા રસ્તા અને વ્યક્તિઓ સાથે દોડવા માટે પ્રયત્ન કરવો. વાહનો થી સાવચેત રહેવું.
- દોડ્યા પહેલા, વખતે અને પછી યોગ્ય માત્રા માં પાણી પીવું. નમક અને ગોળ મિશ્રીત પાણી લેવું વધારે હિતાવહ છે.
- રોજ દોડવું નહિ. અઠવાડિયા માં ૧ થી ૨ દિવસ નો પૂરતો આરામ લેવો. અને, યોગ્ય પોષણયુક્ત આહાર લેવો જરૂરી છે.

ડૉ. જિગ્નેશ લોખીલ | આંતરરાષ્ટ્રીય રનીંગ કોચ | ૭૫૬૭૪૭૭૦૪૭

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Rajkot - 01 Mo.: Ashwin: 98242 12721 e.: ashwinunadkat@yahoo.com  
AHMEDABAD OFFICE:  
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